

## 6. Quelle démarche médicale peut-on proposer devant un patient douloureux métastatique osseux ?

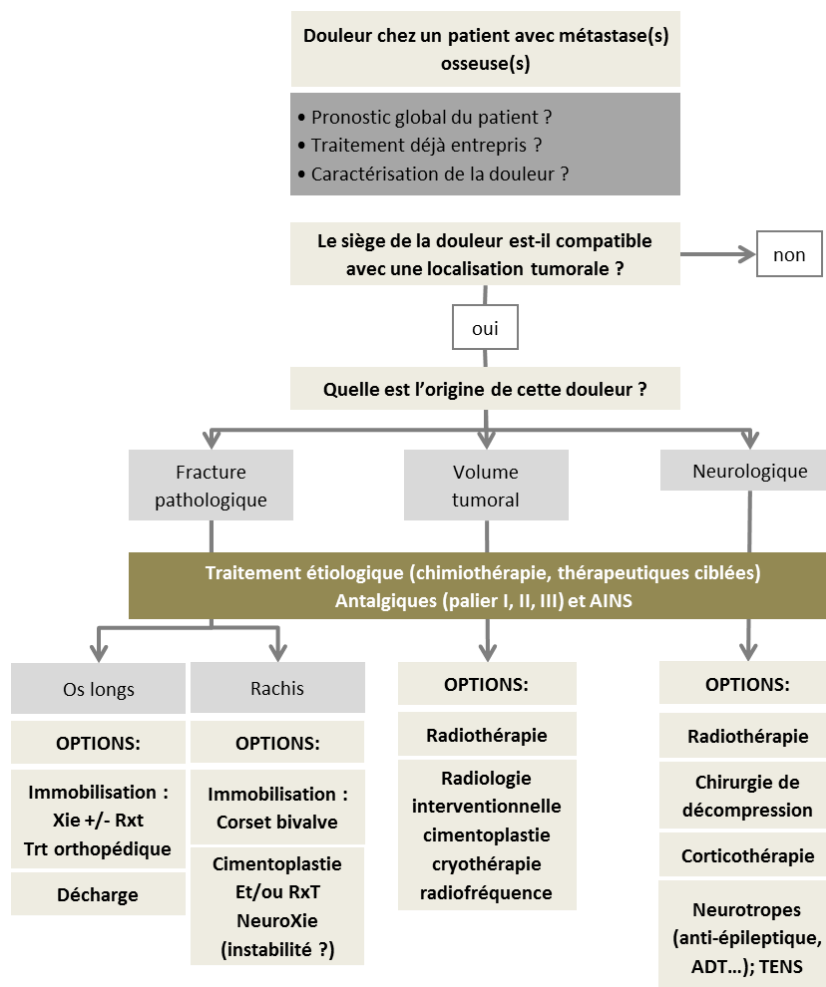


Figure 14 – Options thérapeutiques devant une douleur chez un patient métastatique osseux.

## 7. Comment bien préparer la RCP métastase osseuse d'un patient ?

A côté des renseignements classiques tumoraux, il est important de préciser les points suivants dans la demande de RCP :

- Circonstances cliniques du diagnostic osseux et durée d'évolution
- Le patient est-il douloureux et quel est son type de douleur (neuropathique, nocturne, mécanique) ?
- Quels sont les traitements médicamenteux en cours ?
- Le patient a-t-il déjà été traité localement ?
- Le patient reçoit-il un traitement systémique osseux ?
- Le patient est-il sous anticoagulants ?
- Quel est le pronostic global du patient et quel est le projet thérapeutique actuel ?

Nous proposons ici au clinicien un algorithme décisionnel, intégrant les multiples paramètres à prendre en compte pour une prise en charge optimale des métastases osseuses chez un patient. Cette démarche permet une présentation optimale en RCP métastases osseuses pour proposer une prise en charge personnalisée à chaque patient (81).

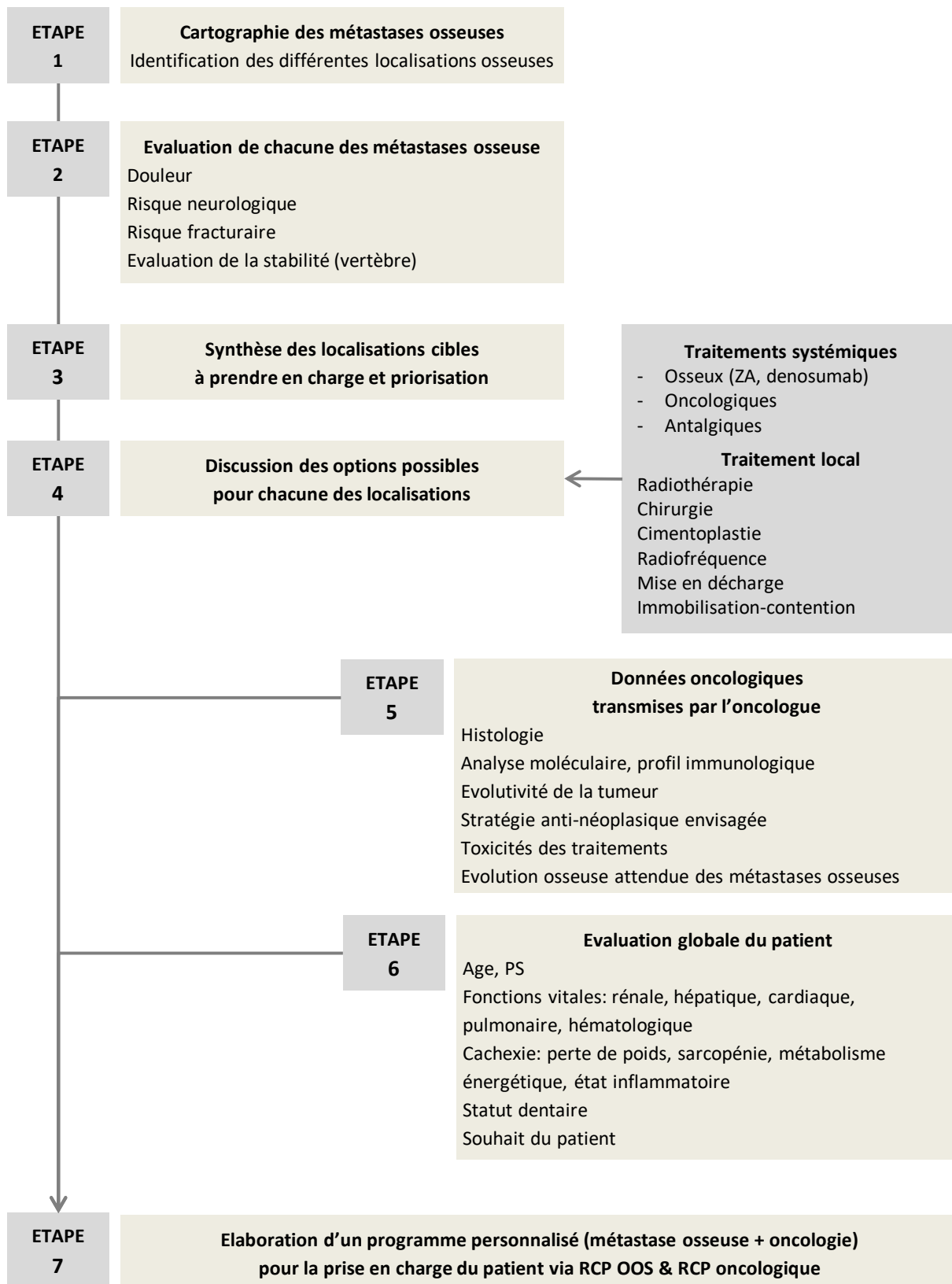


Figure 15 – Approche intégrative de la prise en charge des métastases osseuses (150)

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