

2. Transfusion sanguine

Le seuil transfusionnel (taux seuil d'hémoglobine en deçà duquel il est recommandé de proposer une transfusion sanguine au patient) est variable en fonction des facteurs de fragilité du patient, de la chronicité de l'anémie, ainsi que des symptômes liés à l'anémie et à leur tolérance. La commission d'évaluation du collège français d'hématologie a fixé le seuil critique à 8 g/dL. Ce seuil doit être plus élevé chez les patients à risque et notamment, les personnes âgées de plus de 65 ans, les patients coronariens ou présentant une maladie cardio-pulmonaire. Inversement, ce seuil peut être abaissé à 7 g/dL chez les patients sans comorbidités cardiovasculaires (47).

Recommandation

Le seuil transfusionnel est fixé à <8g/dl. Il peut être plus élevé chez des patients présentant des facteurs de risque notamment cardio-vasculaire ; ou abaissé à 7g/dl chez certains patients sans facteurs de risque et asymptomatiques.

Toute anémie symptomatique doit faire l'objet d'une transfusion.

3. Les Agents Stimulant l'Erythropoïèse

L'utilisation de ces molécules en cancérologie fait l'objet de recommandations de l'ESMO actualisées en 2018 (48) et de l'ASCO/ASH (49). Les différents produits commercialisés en France sont présentés dans le Tableau 13. La forme pegylée de l'époétine bêta n'a pas l'AMM dans le domaine de l'oncologie.

DCI	Nom Commercial	Dose initiale	Augmentation de dose si pas d'augmentation de l'Hb (1 g/dL à 4 sem)
Epoétine alfa	EPREX®	450 UI/kg x1/sem.	Non recommandé
	BINOCRIT®*		
Epoétine bêta	NEORECORMON®	30000 UI /sem (450 UI/kg x1/sem)	Non recommandé
Epoétine thêta	EPORATIO®** ^H	20000 UI x1/sem	40000 UI x1/sem
Epoétine zêta	RETACRIT®*	450 UI/kg 1 fois/sem	Non recommandé
Darbepoétine alfa	ARANESP®	2,25 µg/kg x1/sem ou 500 µg (6,75 µg/kg) x1/3 sem	Non recommandé

Tableau 13 – Différents ASE disponibles en France et posologies recommandées

*Les * indiquent un produit biosimilaire*

^H Site de l'EMA, Résumé des Caractéristiques du Produit, http://www.ema.europa.eu/docs/fr_FR/document_library/EPAR_Product_Information/human/001033/WC500043300.pdf

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